



Now

that



I

am



growing up,



I



need

to start



looking after



my



personal



hygiene.



It is

important

that



I

wash my hair

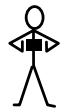


and



body.

This will



keep



me



clean.



I can



have a bath

or a



shower.



I can

use a



checklist

to make



sure

that



I



wash



myself



correctly.



Now

that



I

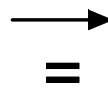
have



washed



I



will be



clean



and



smell nice.